

PROCLAMATION

- WHEREAS, behavioral health is an essential part of health and one's overall wellness; and
- **WHEREAS**, prevention of mental and/or substance use disorder works, treatment is effective, and people recover in our area and around the nation; and
- **WHEREAS,** preventing and overcoming mental and/or substance use disorder is essential to achieve healthy lifestyles, both physically and emotionally; and
- WHEREAS, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and
- whereas, in 2011, 3.8 million people received specialty treatment for a substance use disorder and more than 31.6 million adults aged 18 or older received services for mental disorders, according to the 2011 National Survey on Drug Use and Health. Given the serious nature of this public health problem, we must continue to reach the millions more who need help; and
- WHEREAS, on October 1, 2013, as a result of the Affordable Care Act, more than 11 million uninsured individuals with behavioral health needs will become eligible for affordable insurance coverage for their treatment needs, according to the 2011 National Survey on Drug Use and Health. We must ensure that all of these individuals are successfully enrolled into coverage; and
- WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and King County Mental Health, Chemical Abuse and Dependency Services Division invite all residents of Redmond to participate in *National Recovery Month* (*Recovery Month*);
- NOW, THEREFORE, I, JOHN MARCHIONE, Mayor of the City of Redmond, do hereby proclaim September, 2013, as

NATIONAL RECOVERY MONTH

in Redmond call upon the people of Redmond to observe this month with appropriate programs, activities, and ceremonies to support this year's *Recovery Month*.

SIEALL

John Marchione, Mayor

Date